

NEWSLETTER

February 2026



As we move through February, SUADHA continues its mission with renewed commitment to community health, education, and sustainable livelihoods for marginalized communities. Following our January reflections, February is all about execution and expansion. Thank you for standing with us as we turn compassion into concrete change.

Ms. Iva Athavia – Managing Director

National Road Safety Month 2026 - Focusing on Driver Wellness

In observance of National Road Safety Month 2026, SUADHA NGO organized health-focused Road Safety Awareness Programs at two locations, emphasizing the crucial role of driver wellness, discipline, and responsibility in ensuring road safety.

First Program - January 9, 2026

At Auto Rickshaw Stand, Kalyan West Railway Station.

The program was graced by esteemed officials from the Kalyan RTO IMV - Mr. Prashant Devne, Ms. Kavita Suryavanshi, and Mr. Amit Nalvade. Their presence reinforced the importance of maintaining good health, awareness, and adherence to traffic rules for safer roads.

SUADHA NGO also acknowledges the support of Mr. Santosh Navle and extends gratitude to Dr. Neelam Temdurnikar for providing valuable medical guidance during the session.



Second Program - January 12, 2026 (National Youth Day)

At SupremeTech Institute – Grameen Kaushalya Vikas Kendra, Saralgaon, Murbad, Thane

The second Road Safety Awareness Advocacy Program was conducted in the presence of distinguished guests: Shri Prashant Devne and Shri Amit Nalvade (RTO IMV, Kalyan), Dr. (Ms.) Jaywanti Thamke, and Shri Madhukar Appa Ghude, Trustee, P. N. Ghude School.

The sessions were attended by auto drivers, car drivers, and aspiring drivers undergoing training through SUADHA NGO. Key discussions included traffic rules, road discipline, driver responsibility, health awareness, and safe driving practices. The interactive guidance motivated participants to become more responsible and law-abiding road users.

SUADHA NGO sincerely thank all the Chief Guests, participants, and organizers for contributing to the success of this meaningful initiative.

Road Safety is not an option - it is a responsibility.

Trending this month

- National Road Safety Month 2026 - Focusing on Driver Wellness Empowering
- Beautiful Blend of Culture & Collaboration!
- Early Detection Saves Lives: Breast Scanning Camp at Vangani, Ambernath Taluka
- 77th Republic Day: Spreading Smiles & Support
- Emotional Support – Cancer Patient Counselling
- Women Empowerment and Livelihood – Income Generating Project
- Ration Distribution
- Medical & Educational Aid
- Ongoing Projects
- Upcoming Projects



Beautiful Blend of Culture & Collaboration!

We were delighted to welcome Mr. Hiroshi Miyake and his wife, Mrs. Mami Miyake, from Danke NPO (Mie, Japan) to the SUADHA NGO office in Kalyan West on January 19, 2026.

The Miyakes, who are dedicated International Social Workers providing residential support for the elderly and disabled in Japan, joined us for a Social Work Exchange Program.

A highlight of their visit was joining our staff for a traditional Haldi Kumkum ceremony. It was a joy to share our Indian traditions and celebrate the spirit of sisterhood and community with our global guests.



Early Detection Saves Lives: Breast Scanning Camp at Vangani, Ambernath Taluka

January 25, 2026, SUADHA NGO, organized for a Breast Screening Camp at Kalanagar, Vangani East, Ambernath Taluka, Thane district, Maharashtra. Early detection is the key to saving lives, and seeing 51 women take this proactive step was truly inspiring.

Each participant received their screening report immediately following their scan, ensuring they left with clarity and peace of mind. Out of those screened, two cases requiring further investigation were identified, and we are now supporting them through the next steps of their health journey.

Special thanks to members of Devbhoomi Residential Complex for the support and encouragement towards women health and well-being.



77th Republic Day: Spreading Smiles & Support

This Republic Day, on January 26, 2026, SUADHA NGO celebrated by supporting in the future of India! We are proud to have distributed school uniforms to 650 deserving students (Std. 1st–12th) at Anudanit Ashramshala, Talavali, Murbad. Students performed dance on the patriotic music and songs to honour the nation.

Our Hosts: Principal Mr. Kaluram Vishe & Headmaster Mr. Yogendra Vekhande. **Chief Guests:** Mr. Manoj Beldar (Kirtimaan Foundation) & PSI Mr. Wankhade. **Our Partner:** Mr. Chintan Shah from Vanguard Cloth Stores, Ghatkopar, Mumbai, for his generous support in providing the uniforms.

Seeing the joy on these children's faces was the best way to honor our nation. Together, we are making education more accessible, one uniform at a time!



Emotional Support – Cancer Patient Counselling

Every week, our Social Workers visit Ghadgebaba Dharamshala (CST) to offer emotional support and guidance to outstation cancer patients. This month, 10 patients were counselled by Ms. Tinku Mitra, Social Worker, Ms. Prema Bhatt, and Ms. Neelam Kukreja from Suadha NGO.



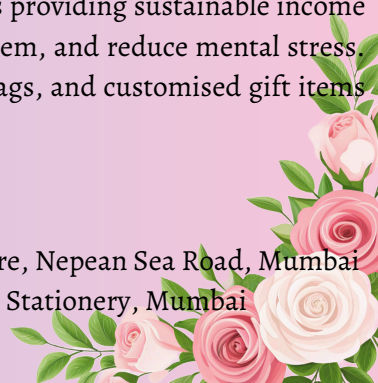
Women Empowerment and Livelihood – Income Generating Project

Under its Women Empowerment and Livelihood initiative, SUADHA Rehab Centre works towards providing sustainable income opportunities to deserving men and women, enabling them to live with dignity, enhance self-esteem, and reduce mental stress. Through this project, beneficiaries are engaged in the production of exclusive cloth bags, paper bags, and customised gift items in various sizes, thereby developing skills and ensuring financial independence.

During the reporting period, the initiative successfully received and executed the following orders:

Order for paper/Cloth bags :

Bhairavi Fancy Shop, Lower Parel, Mumbai // Bappa Stationery, Lower Parel, Mumbai // Komal Store, Nepean Sea Road, Mumbai
Om Gift Gallery, Syndicate, Kalyan // Ms. Bindu Hingwala, Ghatkopar, Mumbai // Radha Krishna Stationery, Mumbai
Archies Gallery, Dombivli // Goodluck stores, Dombivli // Mahalaxmi Store, Kalyan



These collaborations have significantly contributed to strengthening livelihoods and empowering beneficiaries through meaningful employment.

Ration Distribution

- The Gupta family and Ms. Sangeeta Kharat were supported by Adv. (Ms.) Soni Patel
- Ms. Krishnaveni was supported by Ms. Meenakshi Sharma
- Ms. Mangal Kavale was supported by Mr. Vikrant Pathak
- Ration was provided to two families in need by Ms. Sarita Kedia
- Ration provided to one family by SUADHA NGO



Medical Aid

- Medical Aid for 4 patients supported by SI Group India Pvt. Ltd.
- Medical Aid for 2 patients Ms.Arushi Rajee and Ms. Ambika Pathak supported by NGO



Ongoing Projects

- Under the CSR Project of Team Global Logistic Pvt. Ltd., the 3rd Batch of the Tailoring Course at Dolkhamb, Shahapur is going on
- Team Global Logistic Pvt. Ltd support-SupremeTech Institute- 3rd Batch for 4-Wheeler Driving Training Programs is going on.
- Counselling Cell at Gadge Maharaj Dharamshala at CST every Thursday at from 5:00 p.m. to 7:00 p.m.
- RKDC Charitable Trust – “Adopt a deserving patient” scheme to support a deserving Patients regularly
- SI Group-India Limited - Helping hand for Medical for deserving patients.
- Team Global Logistic Pvt. Ltd. - Helping hands for Educational Aid & Medical for deserving people.
- Monthly Food Grains support to deserving families. NGO is supporting 75 families in need with monthly food grains.
- SUADHA Ayush Clinic - Homeopathy Saralgaon – every Tuesday and Saturday from 2:00 p.m. to 5:00 p.m.
- Women Empowerment event of Exhibitions in different Corporate Houses in Mumbai.
- SUADHA Rehab Centre continues to produce a variety of handmade gift items, supporting the livelihood of women artisans
- Every month, two tribal beneficiaries are provided with artificial prosthesis, helping them regain mobility and confidence.
- SUADHA Ayush Clinic - Homeopathy at Kalyan extending healthcare facilities - daily from 8:30 a.m. to 11:30 a.m.
- CSR Project of The Estate of Chandrasinha V. Sampat & Charulata C. Sampat is supporting the start-up of the Gopala Dairy Project , an income-generating livelihood project at Shahapur.

Upcoming Projects

- Breast Scanning programs in different colleges
- From month of February 2026 SupremeTech Institute - Suadha NGO will start 4th batch of 4 - wheeler Driving Course at Murbad
- Full body checkup at different area at Murbad on 2026
- Mobile Repairing/Asst. Electrician course at Murbad
- Advocacy Program on Dr. Babasaheb Ambedkar & Ms. Savitribai Phule

• **Account name :** Social Upliftment and Development for Health Action

• **Bank name :** State Bank of India

• **Account No. :** 33744935706

• **IFSC Code :** SBIN0000547

• **Branch No.547 :** Mumbai Central

• **Public Charitable Trust Reg.No :** F-40525 (Mumbai)

• **CSR No. :** CSR00007756

• **PAN No. :** AAJTS1732J

• **Nature :** Economic, Educational & Social

• **FCRA Registration No . :** 084040022

