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NEWSLETTER

November 2026

October was another month of meaningful initiatives, compassion and community empowerment at SUADHA NGO. Through our continued efforts in education, skill development, healthcare and community welfare, we remained committed to creating opportunities and bringing positive change to underserved communities.

Heartfelt thanks to our CSR partners, donors, volunteers and well-wishers for their continued trust, generous support and valuable contribution in making these initiatives successful.

Together, we continue to build a healthier, empowered and brighter future!

Ms. Iva Athavia – Managing Director

Trending this month

- CSR Project – 3-Month Tailoring Course & Sewing Machine Donation at SupremeTech Institute, supported by Team Global Logistic Pvt. Ltd.
- Raising Awareness, Promoting Prevention, Empowering Women
- Spreading Care & Compassion During Pitru Paksha 2026
- Diwali Exhibition
- Emotional Support – Cancer Patient Counselling
- Women Empowerment and Livelihood – Income Generating Project
- Ration Distribution
- Medical & Educational Aid
- Ongoing Projects
- Upcoming Projects

CSR Project – 3-Month Tailoring Course & Sewing Machine Donation at SupremeTech Institute, supported by Team Global Logistic Pvt. Ltd.







SUADHA NGO Launches 4th Tailoring Course with CSR Support from Team Global Logistic Pvt. Ltd. On 12th October 2026, SUADHA NGO launched its 4th three-month Tailoring Course at SupremeTech Institute – Gramin Kaushalya Vikas Kendra, Saralgaon, Murbad, Thane, with sewing machine donation support from Team Global Logistic Pvt. Ltd.

A total of 20 tribal women have enrolled in this 150-hour practical training programme, conducted three days a week by Mr. Sandip Sutar, Tailor Master. The initiative aims to promote skill development, self-employment and financial independence among women.

SUADHA NGO sincerely thanks Mr. Nitam Khosla (Managing Director) and Mr. Sandeep Palodkar (Vice President – HR, IR, Admin & Business Excellence) for their generous CSR support.

Together, we stitch skills, opportunities and dreams into reality!

Raising Awareness, Promoting Prevention, Empowering Women







On 21st October 2026, SUADHA NGO organised a Free Health Screening Camp at Khutal Bangla, Post Saralgaon, Murbad, Thane, to promote breast cancer awareness, bone health and preventive healthcare.

The camp provided:

- Breast screening – 39 women
- Bone Mineral Density (BMD) tests – 68 people
- Blood pressure and weight checks – 107 people
- General health check-ups – 107 people

The initiative focused on early detection, timely medical guidance and spreading awareness about preventive healthcare.

SUADHA NGO sincerely thanks all supporters and local representatives for their valuable cooperation.

“Awareness Today, Healthier Tomorrow!”

SUADHA NGO – Empowering Communities Through Health, Awareness and Action.

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Spreading Care & Compassion During Pitru Paksha 2026

On 8th October 2026, SUADHA NGO organised a Food-Grains Distribution Drive during Pitru Paksha, providing essential grocery kits to 35 deserving families.
This initiative aimed to support families in need and spread kindness, compassion and humanity.
SUADHA NGO sincerely thanks Mr. Manahar Lilaramani and Mrs. Rohini Lilaramani of Shubhra Pharma Pvt. Ltd. for their generous contribution and continued support every year.
Together, let us spread kindness, share happiness and make a difference!



Diwali Exhibition

- 2nd and 3rd October 2026 - "Dobara – Aao Dekho Dobara," a two-day event organised by Prayas at the Yashwantrao Chavan Centre, Nariman Point, Mumbai. We sincerely thank Prayas Foundation
- October 14th and 15th, 2026 - Women Empowerment NGO Exhibition held at Pfizer Limited, BKC, Mumbai. Our sincere appreciation to Ms. Mona Lemos .
- October 29th, 2026 - Diwali NGO Exhibition held at CDSL Limited, Marathon Futurex Building, Lower Parel, Mumbai.Our sincere appreciation to Ms. Sumana Guha -Head HR, Ms. Rushika Acharya & her entire CDSL Team .
- October 30th , 2026 - NGO Exhibition -Diwali Mela held at Bombay Stock Exchange Fort, Mumbai. Our sincere appreciation to Ms Reema Gajre - Assistant Vice President -Human Resources & her entire BSE Team .
- October 30th , 2026 - Diwali NGO Mela organised by IPCA Ltd. Kandivali, Mumbai . Our sincere appreciation to Ms. Pranjali Save – CSR - Human Resources & her Team.
- October 30th , 2026 - Diwali NGO Mela organised by Shemaroo Entertainment Ltd. Andheri , Mumbai.Our sincere appreciation to Ms. Sayali - CSR - Human Resources & her entire Shemaroo Team
- 2nd November 2026 - Diwali NGO Mela organised by Clover Infotech, J.B.Nagar Andheri, Mumbai. Our sincere appreciation to Ms. Sabina Texeria – CSR - Human Resources & her entire CLOVER Team .
- 2nd November 2026 - Diwali NGO Mela organised by Mindgate Solutions Pvt. 10th floor, Damji Shamji Business Galleria, LBS Marg, Kanjurmarg, Mumbai .Our sincere appreciation to Ms. Amruta. N – CSR - Human Resources & her entire Mindgate Team
- 2nd November 2026 -Diwali NGO Mela organised by Hafele India Pvt.Ltd. at I- Think Techno Campus, Kanjurmarg E. Mumbai . Our sincere appreciation to Ms. Hetal Sanghvi – CSR - Human Resources & her entire Hafele Team
- 3rd November 2026 - NGO Diwali Exhibition organised by Hansa Research Group Pvt. Ltd. at Vidyavihar, Mumbai. Our sincere appreciation to Ms. Nithya Velayudhan- HR Senior Manager and her entire Team.
- 3rd November 2026 - NGO Diwali Exhibition organised by Clover Infotech, Reliable Tech Park, MIDC , Airoli, Navi Mumbai . Our sincere appreciation to Ms. Sabina Texeria - Human Resources Head and her Team.
- 4th November 2026 - NGO Exhibition at One Line (Ocean Network) Andheri East. A heartfelt thank you to Ms. Shilpa Sharma and her Team.
- 5th November 2026 - NGO Diwali Exhibition organised by NELCO, Mahape MIDC, Navi Mumbai. Our sincere appreciation to Ms. Michelle Birde and Ms. Manaswani Gharat , H R Executives and their entire NELCO Team.
- 5th November 2026 - NGO Diwali Exhibition organised by PAY - U, Sahar Road, Vile Parle, Mumbai . Our sincere appreciation to Ms. Gayatry Ravi- Human Resources Executive and her entire PAY-U Team .
- 5th November 2026 - NGO Diwali Exhibition organised by Indoco Remedies Ltd. MIDC, Ghansoli, Navi Mumbai. Our sincere appreciation to Ms.Sharon Fernandes - Head Human Resources and her entire Indoco Remedies Ltd. Team.
- 6th November 2026 - NGO Diwali Exhibition organised by ECGC Ltd. Andheri, Mumbai . Our sincere appreciation to Mr. Rajesh Modak – Asst. General Manager and entire ECGC Ltd. Team.








Emotional Support – Cancer Patient's Counselling Cell

Every week on Thursday, our 2 Social Workers visit Gadgebaba Dharamshala (CST) to offer emotional support and guidance to outstation cancer patients and care givers. This month 21 patients were counselled by Ms. Tinku Mitra, Social Worker and Ms. Prema Bhatt, from SUADHA NGO.

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Project Gopala Dairy –A Step Towards Sustainable Livelihood



Despite initial infrastructural challenges, including limited road access, the team remains committed and determined to ensure the success and growth of this initiative. Suadha NGO extends its heartfelt gratitude for the generous support received towards providing Fodder for the cows at Gopala Dairy.

Women Empowerment and Livelihood – Income Generating Project

SUADHA's Livelihood (SUADHA Rehab Centre) Initiative continue to empower beneficiaries by promoting the production of sustainable, income-generating goods.



Ration Distribution

- 2 families were supported by Ms. Sarita Kedia
- 1 families were supported by SUADHA NGO

Medical + Education Aid

- Education Aid for 3 students by Team Global Logistic Pvt. Ltd.
- Medical Aid for 4 patients supported by RKDC Trust
- Medical Aid for 1 patients by S.I. Group
- Medical Aid for 2 patients & Education Aid for 1 student supported by Suadha NGO

Ongoing Projects

- CSR Project by Team Global Logistic Pvt. Ltd. - Helping hands for Educational Aid & Medical for deserving people.
- CSR Project by ORIX Leasing & Financial Services India Limited– Full body Preventive Health checkups in different areas in Thane & Mumbai.
- CSR Project by Team Global Logistic Pvt. Ltd. - 3 month Tailoring course at SupremeTech Institute, Saralgaon
- CSR Project by ECGC Ltd. Continue for Revamping the Pedestrian area Beautification in Andheri, Mumbai,Maharashtra
- CSR Projects by SI Group India Private Limited supporting deserving patients' scheme and other projects.
- RKDC Charitable Trust – "Adopt a deserving patient" scheme to support a deserving Patient regularly.
- Project Gopala Diary - An income-generating livelihood project for tribal people at Sane Village, Shahapur, Thane
- Monthly Food Grains support to deserving families. Minimum 75 deserving families apply for food grains. #Counselling Cell at Gadge Maharaj Dharamshala at CST every Thursday at from 5:00 p.m. to 7:00 p.m.
- SUADHA Ayush Clinic - Homeopathy Saralgaon – every Tuesday and Saturday from 2:00 p.m. to 5:00p.m.and-Homeopathy Clinic at Kalyan extending healthcare facilities - daily from 8:30 a.m. to 11:30 a.m.
- SUADHA Rehab Centre continues to produce a variety of handmade gift items, supporting the livelihood of women artisans.
- Every month, two tribal beneficiaries are provided with artificial prosthesis, helping them regain mobility and confidence.
- Awareness Advocacy Program: The Legacies of Dr. Babasaheb Ambedkar and Smt. Savitribai Phule for tribal school students

Upcoming Projects

- Breast Scanning programs in different colleges & corporates
- Driving course at SupremeTech Institute, Saralgaon
- Anganwadi Development Project at Thane, Palghar & Raigad District.
- Exhibition at different corporates

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